<table>
<thead>
<tr>
<th>Topic</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Housing Assistance</td>
<td>2</td>
</tr>
<tr>
<td>Child Resources</td>
<td>3</td>
</tr>
<tr>
<td>Food and Nutrition Resources</td>
<td>4</td>
</tr>
<tr>
<td>Healthcare Assistance</td>
<td>5</td>
</tr>
<tr>
<td>Government Assistance Programs and Resources</td>
<td>6</td>
</tr>
<tr>
<td>Financial Assistance</td>
<td>7</td>
</tr>
<tr>
<td>Financial Planning/Tax/Other Resources</td>
<td>8</td>
</tr>
<tr>
<td>Energy Assistance</td>
<td>9</td>
</tr>
<tr>
<td>Workforce Resources and Immigration Resources</td>
<td>10</td>
</tr>
<tr>
<td>Student Loan/Financial Aid</td>
<td>11</td>
</tr>
<tr>
<td>Retirement Planning/Senior Services</td>
<td>12</td>
</tr>
<tr>
<td>Individuals with Disabilities</td>
<td>13</td>
</tr>
<tr>
<td>Blindness/Vision Loss</td>
<td>14</td>
</tr>
<tr>
<td>Deafness/Hard of Hearing</td>
<td>15</td>
</tr>
</tbody>
</table>
COMMUNITY SUPPORT OPPORTUNITIES

HOUSING ASSISTANCE*

Emergency Assistance
https://tinyurl.com/yccmo5th

Group Residential Housing (GRH) Program
https://tinyurl.com/y7zsfsj

Housing Benefits 101
https://mn.hb101.org/

Housing Link
https://www.housinglink.org/

MN Housing Finance Agency (MHFA) (Multi Housing Resource – from rental to mortgage assistance)
https://tinyurl.com/mzhfwfd

MSA Housing Assistance
https://tinyurl.com/yd2oava9

Rental Assistance (Section 8, subsidized housing)
https://tinyurl.com/yccmo5th

Shelters
https://tinyurl.com/yccv9zc98

Veteran's Benefits
https://mn.gov/mdva/

*Eligibility for programs may vary by age, income or other factors - check each resource for qualifications.

Also, check:
www.MinnesotaHelp.info

Your local County Social Services Agency

Your local Community Action Agency
https://tinyurl.com/yal83tm6

LeadingAge™
Minnesota
COMMUNITY SUPPORT OPPORTUNITIES

CHILD RESOURCES*

Adoption Support
https://tinyurl.com/ycf7qrby

Child Care Assistance Programs (CCAP)
https://tinyurl.com/yav65xye

Child Care Aware of MN
http://childcareawaremn.org/

Child Protection
https://tinyurl.com/y9pbpeno

Child Support Enforcement
https://tinyurl.com/y8ge6wk3

Early Childhood Family Education
http://ecfe.info/

Foster Care
https://tinyurl.com/ycuypbqq

Head Start
http://www.mnheadstart.org/

*Eligibility for programs may vary by age, income or other factors - check each resource for qualifications.

Also, check:
www.MinnesotaHelp.info

Your local County Social Services Agency

Your local Community Action Agency
https://tinyurl.com/yal83tm6

*Eligibility for programs may vary by age, income or other factors - check each resource for qualifications.
COMMUNITY SUPPORT OPPORTUNITIES

FOOD & NUTRITION RESOURCES*

Meals on Wheels
https://meals-on-wheels.com/

MFAP Program
https://tinyurl.com/ycdk2gv5

Minnesota Food Helpline
1-888-711-1151

Minnesota Hunger Partners
http://www.mnhungerpartners.org/HungerPartners2/

NAPS/CSFP Program
https://tinyurl.com/y9ubd7hc

National Hunger Hotline
1-866-3-Hungry

School Nutrition Program (SNP)/CACFP and SFSP Programs
https://tinyurl.com/yadc4pjg

Senior Nutrition Program
https://tinyurl.com/y7qbxls6

SNAP Program/Emergency
SNAP Program
https://tinyurl.com yc6l6679

Store to Door
http://helpatyourdoor.org/

WIC Program
https://tinyurl.com/83zacbw

*Eligibility for programs may vary by age, income or other factors - check each resource for qualifications.

Also, check:
www.MinnesotaHelp.info

Your local County Social Services Agency

Your local Community Action Agency
https://tinyurl.com/yal83tm6

LeadingAge
Minnesota
COMMUNITY SUPPORT OPPORTUNITIES

HEALTHCARE ASSISTANCE*

AIDS Assistance Drug Program (ADAP)  
https://tinyurl.com/y9cnufnj

Child & Teen Checkup (C&TC) Program  
https://tinyurl.com/y7ccmazz

HealthCare Programs Listing  
https://tinyurl.com/y7vfz3wp

HIV/AIDS Case Management  
https://tinyurl.com/yaqmbjiya

MA-EPD Program  
https://tinyurl.com/y7f9gglf

Medical Assistance (MA or Medicaid) Program  
https://tinyurl.com/y94opal6

Medicare  
https://tinyurl.com/jxwrfc6

Minnesota AIDS Project  
https://tinyurl.com/y8k4s8m9

MinnesotaCare  
https://tinyurl.com/mj5aqn6

MN Low-Cost Health Care Directory (low cost or free healthcare providers)  
https://tinyurl.com/ydbt9opk

MNSure  
https://www.mnsure.org/

MN Senior Health Options (MSHO)  
https://tinyurl.com/yb4o2zua

Portico Healthnet  
http://www.porticohealthnet.org/

Prescription Drug Assistance  

Quit Smoking  
https://www.quitplan.com/

Veteran’s Benefits  
https://mn.gov/mdva/

*Eligibility for programs may vary by age, income or other factors - check each resource for qualifications.

Also, check:  
www.MinnesotaHelp.info  
Your local County Social Services Agency  
Your local Community Action Agency  
https://tinyurl.com/yal83tm6
COMMUNITY SUPPORT OPPORTUNITIES

GOVERNMENT ASSISTANCE PROGRAMS AND RESOURCES

CHILDCARE
https://tinyurl.com/y8qq9uck
https://tinyurl.com/yav65xye

CHILD SUPPORT ENFORCEMENT
https://tinyurl.com/y8bocpwj

INCOME ASSISTANCE
https://tinyurl.com/ycvor5xx

FOOD AND NUTRITION PROGRAMS:
MFAP
https://tinyurl.com/yblmyle9
SENIOR NUTRITION PROGRAM
https://tinyurl.com/y7qbxls6
SNAP
https://tinyurl.com/yahag94y
WIC
http://www.health.state.mn.us/divs/fh/wic/index.html

HEALTHCARE PROGRAMS

MEDICAL ASSISTANCE (MA)
https://tinyurl.com/y9thcxfh
MINNESOTA CARE
https://tinyurl.com/y8bjha4u

Also, check with your employer for employer-sponsored coverage that may be available to you.

A-Z LIST OF STATE HUMAN SERVICES DEPARTMENT RESOURCES
https://tinyurl.com/yab9z667

Also, check with your local County Social Services office for other benefits/services you may qualify for.
COMMUNITY SUPPORT OPPORTUNITIES

FINANCIAL ASSISTANCE*

Diversionary Work Program (DWP)
https://tinyurl.com/yblpsxqk

General Assistance (GA) Program
https://tinyurl.com/ycldqy9h

MN Family Investment Program (MFIP)
https://tinyurl.com/ycgabjkn8

MN Supplemental Aid (MSA) Program
https://tinyurl.com/ybxlmy57

Social Security – Retirement Benefits
https://www.ssa.gov/retire/

Supplemental Security Income (SSI) & Social Security Disability Benefits

Unemployment Insurance
http://www.uimn.org/uimn/applicants/

Veteran’s Benefits
https://mn.gov/mdva/

*Eligibility for programs may vary by age, income or other factors - check each resource for qualifications.

Also, check:
www.MinnesotaHelp.info

Your local County Social Services Agency

Your local Community Action Agency

https://tinyurl.com/yal83tm6

LeadingAge Minnesota
COMMUNITY SUPPORT OPPORTUNITIES

FINANCIAL PLANNING/TAX/SAVING/OTHER RESOURCES*

Advanced Premium Tax Credits (APTCs)  
https://tinyurl.com/ybn3e682

Earned Income Tax Credit (EITC)  
https://tinyurl.com/y87nrzpn

Family Assets for Independence Program (FAIM)  
http://minnesotafaim.org/

Federal and State Tax Credits  
https://tinyurl.com/y7ohpved

Help Minnesota Save Program  
http://www.helpmnsave.org/

Legal Assistance  
http://mn.bridgetobenefits.org/Legal

Lutheran Social Services (LSS) – Financial Counseling Program  
http://www.lssmn.org/debt/

Metro Transit Reduced Fares Qualification  
https://www.metrotransit.org/fares

Minnesota College Savings Plan  
https://www.mnsaves.org/

PCs for People  
https://www pcsforpeople.com/

Savers Credit – Federal  
https://tinyurl.com/grmnoz9

Telephone Assistance/Broadband Programs (Lifeline, Tap, Other)  
https://tinyurl.com/y7ppf4tq

Ways to Work Loan Program  
https://tinyurl.com/y9kanry9

Working Family Credit (WFC)  
https://tinyurl.com/yae3twoj

*Eligibility for programs may vary by age, income or other factors - check each resource for qualifications.
COMMUNITY SUPPORT OPPORTUNITIES

ENERGY ASSISTANCE*

Energy Assistance Program (EAP)  
https://tinyurl.com/ybqpnrpq

Energy Loan Program (make homes more energy efficient or accessible)  
https://tinyurl.com/pny8kla

Heat Share Program  
https://tinyurl.com/y9ovkjhb

Solar Energy Incentive Program  
https://tinyurl.com/y8hky8mn

Veteran’s Benefits  
https://mn.gov/mdva/

Weatherization Assistance Program  
https://tinyurl.com/yasty3p3

*Eligibility for programs may vary by age, income or other factors - check each resource for qualifications.

Also, check:  
www.MinnesotaHelp.info

Your local County Social Services Agency

Your local Community Action Agency  
https://tinyurl.com/yal83tm6
COMMUNITY SUPPORT OPPORTUNITIES

WORKFORCE RESOURCES & IMMIGRANT RESOURCES*

ISeek
https://careerwise.minnstate.edu/
https://www.indeed.com/
https://www.monster.com/
http://workingpartnerships.org/
http://www.womenventure.org/
http://workingpartnerships.org/

MN Employment & Economic Development
https://mn.gov/deed/job-seekers/

MN Workforce Centers
https://mn.gov/deed/job-seekers/workforce-centers/

Refugee/Immigrant Resources
CAPI
https://www.capiusa.org/

English as a Second Language (ESL)
https://tinyurl.com/yae7e877
https://tinyurl.com/y7cjeyyd
https://tinyurl.com/yccdv4wr

Immigrant Law Center
https://www.ilcm.org/

International Institute of MN
http://iimn.org/

Refugee Assistance
https://tinyurl.com/yb5lc52b

*Eligibility for programs may vary by age, income or other factors - check each resource for qualifications.
COMMUNITY SUPPORT OPPORTUNITIES

STUDENT LOAN/FINANCIAL AID RESOURCES

Government - Financial Aid Applications
www.fafsa.gov

Scholarship Information
www.fastweb.com
https://www.studentscholarships.org
https://bigfuture.collegeboard.org/scholarship-search

Help/Information Sites:
www.nerdwallet.com
www.paybacksmarter.com
www.studentloanhero.com

Student Loan Servicers:
www.navient.com
www.nelnet.com
www.salliemae.com
Also, check with your bank or credit union for private loans.
COMMUNITY SUPPORT OPPORTUNITIES

RETIREMENT PLANNING/SENIOR SERVICES

GOVERNMENT RESOURCES/BENEFITS
Medicare
https://tinyurl.com/ycq8xvmx
www.Mymoney.gov

Social Security
https://faq.ssa.gov/link/portal/34011/34019/articlefolder/418/retirement
https://www.ssa.gov/retire/

OTHER RESOURCES/PLANNING HELP
www.aarp.org
www.financialmentor.com/calculator/best-retirement-calculator
http://www.lssmn.org/kinshipcaregivers/
https://meals-on-wheels.com/

Minneapolis Area Senior Resources
https://tinyurl.com/y7uq2fzy

Senior Linkage Line
1-800-333-2433
https://ssa.gov/planners/retire/other2.html

Store-to-door
http://helpatyourdoor.org/
COMMUNITY SUPPORT OPPORTUNITIES

INDIVIDUALS WITH DISABILITIES

Access North
http://www.accessnorth.net/

Bridge to Benefits
https://tinyurl.com/y7f38tbq

Centers for Independent Living
https://tinyurl.com/ybbkcl7h

Disability Linkage Line
1-866-333-2466

Disability Services Division – MN Department of Human Services
https://tinyurl.com/y9xjbd2d

Governor’s Council on Developmental Disabilities
http://mn.gov/mnddc/
www.MinnesotaHelp.info

MN Star Program
https://mn.gov/admin/star/

MN State Council on Disability
http://www.disability.state.mn.us/

Ombudsman for Mental Health & Developmental Disabilities
https://mn.gov/omhdd/

U.S. Department of Labor
https://www.dol.gov/odep/topics/disability.htm
COMMUNITY SUPPORT OPPORTUNITIES

BLINDNESS/VISION LOSS

MN Braille & Talking Book Library
www.education.state.mn.us/MDE/fam/mbtbl

State Services for the Blind
https://mn.gov/deed/job-seekers/blind-visual-impaired/

OTHER RESOURCES
www.enhancedvision.com/low-vision-resources.html
www.lowvisionstore.com
COMMUNITY SUPPORT OPPORTUNITIES

DEAFNESS/HARD OF HEARING

MN Commission on the Deaf, Deafblind and Hard of Hearing  
https://mn.gov/deaf-commission

MN Department of Human Services (DHS) - Deaf and Hard of  
Hearing Services Division  
https://mn.gov/dhs/people-we-serve/seniors/services/deaf-hard-of-hearing

State Services for the Blind  
https://mn.gov/deed/job-seekers/blind-visual-impaired/

OTHER RESOURCES
www.enhancedvision.com/low-vision-resources.html  
www.lowvisionstore.com  
https://mnhandsandvoices.org

DEAF-BLIND RESOURCES
www.visionlossresources.org/programs/dbsm