




EBENEZER EBENEZER ADULT DAY PROGRAM- SAMPLE

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Holiday</p>	<p>3 Working 9 to 5 Day</p> <p>10:00 Morning Stretch</p> <p>10:30 Labor Categories</p> <p>11:30 News</p> <p>12:00 Lunch</p> <p>12:45 Beach Ball Soccer</p> <p>1:15 The Hat Swap</p> <p>2:15 Snack</p> <p>2:30 9 to 5 Crossword</p>	<p>4</p> <p>10:00 Music and Movement</p> <p>11:00 What's My Job?</p> <p>11:30 News</p> <p>12:00 Lunch</p> <p>12:45 Country Hits</p> <p>1:15 Watercolor Class</p> <p>2:15 Snack</p> <p>2:30 Afternoon Stretch</p>	<p>5 Kick Off Day- Wear Jersey</p> <p>10:00 Morning Stretch</p> <p>10:30 Sports Bingo</p> <p>11:30 News</p> <p>12:00 Lunch</p> <p>12:45 Touch Down Toss</p> <p>1:15 Piano Music w/ Judy</p> <p>2:15 Snack</p> <p>2:30 Football Fever</p>	<p>6</p> <p>10:00 Morning Stretch</p> <p>10:30 Garden Club</p> <p>11:30 News</p> <p>12:00 Lunch</p> <p>12:45 Island Darts</p> <p>1:15 Jeopardy</p> <p>2:15 Snack</p> <p>2:30 Sept Trivia</p>
<p>9 Golden State Day</p> <p>10:00 Morning Stretch</p> <p>10:30 Our 31st State</p> <p>11:30 News</p> <p>12:00 Lunch</p> <p>12:45 Balloon Tennis</p> <p>1:15 Rollin America</p> <p>2:15 Snack</p> <p>2:30 Cities In LA</p>	<p>10</p> <p>10:00 Morning Stretch</p> <p>10:30 Group Art Project</p> <p>11:30 News</p> <p>12:00 Lunch</p> <p>12:45 Hit the Target</p> <p>1:15 Millionaire Game</p> <p>2:15 Chef Chat and Snack Tasting</p>	<p>11 Remembrance Day</p> <p>10:00 Chapel Service</p> <p>10:30 Wii Bowling</p> <p>11:30 News</p> <p>12:00 Lunch</p> <p>12:45 Afternoon Stretch</p> <p>1:15 Watercolor Class</p> <p>2:15 Snack</p> <p>2:30 You Inspire Me</p>	<p>12</p> <p>10:00 Morning Stretch</p> <p>10:30 Creative Writing</p> <p>11:30 News</p> <p>12:00 Lunch</p> <p>12:45 Buddy Holly Songs</p> <p>1:15 Table Games</p> <p>2:15 Snack</p> <p>2:30 Bucket Ball</p>	<p>13 Back to School Day</p> <p>10:00 Morning Stretch</p> <p>10:30 Chimers</p> <p>11:30 News</p> <p>12:00 Lunch</p> <p>12:45 Four Square</p> <p>1:15 Back to School Bingo</p> <p>2:15 Snack</p> <p>2:30 Backpack Memories</p>
<p>16 NATIONAL</p> <p>10:00 Morning Stretch</p> <p>10:30 Press Your Luck</p> <p>11:30 News</p> <p>12:00 Lunch</p> <p>12:45 Clover All Over</p> <p>1:15 Music and Movement</p> <p>2:15 Snack</p> <p>2:30 Spelling Bee</p>	<p>17 ADULT</p> <p>9:30 NADSA Pancake Breakfast</p> <p>10:30 Group Art Project</p> <p>11:30 News</p> <p>12:00 Lunch</p> <p>12:45 Afternoon Stretch</p> <p>1:15 Raptor Center Visit</p> <p>2:15 Snack</p> <p>2:30 Fruit Basket Game</p>	<p>18 DAY</p> <p>10:00 Morning Stretch</p> <p>10:30 Music and Stories with Charlie Maguire</p> <p>11:30 News</p> <p>12:00 Lunch</p> <p>12:45 Where Am I?</p> <p>1:15 Watercolor Class</p> <p>2:15 Snack</p> <p>2:30 September Health Talk</p>	<p>19 SERVICES</p> <p>10:00 Morning Stretch</p> <p>10:30 Wrap'n Llama Craft</p> <p>11:30 News</p> <p>12:00 Lunch</p> <p>12:45 States Toss</p> <p>1:15 Travelogue to Argentina</p> <p>2:15 MN Muffin Snack and Nines Trivia</p>	<p>20 WEEK</p> <p>10:00 Morning Stretch</p> <p>10:30 Garden Club</p> <p>11:30 News</p> <p>12:00 Lunch</p> <p>12:45 Fling It</p> <p>1:15 Wheel of Fortune</p> <p>2:15 Snack</p> <p>2:30 Would You Rather?</p>
<p>23</p> <p>10:00 Morning Stretch</p> <p>10:30 Apple Baking Group</p> <p>11:30 News</p> <p>12:00 Lunch</p> <p>12:45 Bocce Ball</p> <p>1:15 Penny Ante</p> <p>2:15 Snack</p> <p>2:30 Tea Words</p>	<p>24</p> <p>10:00 Morning Stretch</p> <p>10:30 Family Feud</p> <p>11:30 News</p> <p>12:00 Lunch</p> <p>12:45 Mind Your Manners</p> <p>1:15 Celebrate</p> <p>2:15 Snack</p> <p>2:30 German Heritage Month</p>	<p>25</p> <p>10:00 Celebrate BB King Music</p> <p>10:30 Outing: Fall Picnic and Drive by the Mississippi</p> <p>1:15 Watercolor Class</p> <p>2:15 Snack</p> <p>2:30 Afternoon Stretch</p>	<p>26 Good News Day</p> <p>10:00 Morning Stretch</p> <p>10:30 Creative Writing</p> <p>11:30 News</p> <p>12:00 Lunch</p> <p>12:45 Good News Jar</p> <p>1:15 Table Games</p> <p>2:15 Snack</p> <p>2:30 You're Best News Ever?</p>	<p>27</p> <p>10:00 Morning Stretch</p> <p>10:30 Devotions w/ Pastor Don</p> <p>11:30 News</p> <p>12:00 Lunch</p> <p>12:45 Big Feet Ring Toss</p> <p>1:15 Piano Music w/ Judy</p> <p>2:15 Snack/MN Trivia</p>
<p>30</p> <p>10:00 Morning Stretch</p> <p>10:30 UNO</p> <p>11:30 News</p> <p>12:00 Lunch</p> <p>12:45 Grandma Moses Art</p> <p>1:15 Climb the Mountain</p> <p>2:15 Snack/Word Puzzles</p>		<p>Ebenezer Adult Day Program</p> <p>Fairview Pharmacy</p> <p>Flu Shot Clinic</p> <p>Wednesday, Oct. 2nd</p> <p>11:45 am to 12:15 pm</p> <p>See Krista For Sign Up Information</p>	 <p><i>Good Morning</i></p> <p><i>Snack and Chat</i></p> <p><i>Served from</i></p> <p>9:00 – 10:00am</p>	

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